## One-to-one with Mani



## Online sessions via Zoom

These online sessions are a great way to meet Mani for those who live at a distance. It is a beautiful way to connect in openness and honesty, where you can speak privately about any aspect of your practice or life situation that you feel you may need help with.

Before your first session, Mani recommends that you listen to some of his free podcasts to get a feel for his style, way of being and use of language.

Your session will be audio recorded for you, a copy of the recording will be sent to you afterwards. This is a great way to be able to touch back into the energy and information of your meeting. If you are comfortable allowing Mani to share some of the recordings to help other students you may give your permission, but this is not required.

We use Zoom to host the online meeting. It is a very simple tool to use, you will be sent a link via email which you click on at the arranged time. You do not need any software or an account to begin the session.

To arrange a session please use the <u>contact form</u> and mention which area & country you are in so we can organise a time to suit both of our time zones.

Please also mention your preferred time/day of the week for the session. (Weekends are not available.)

Once a date and time have been agreed you will be sent a payment request via Paypal. The cost for the session is €50. Once the payment has been made you will receive the Zoom link.

"I am here for you, never waiting yet always present." - Mani